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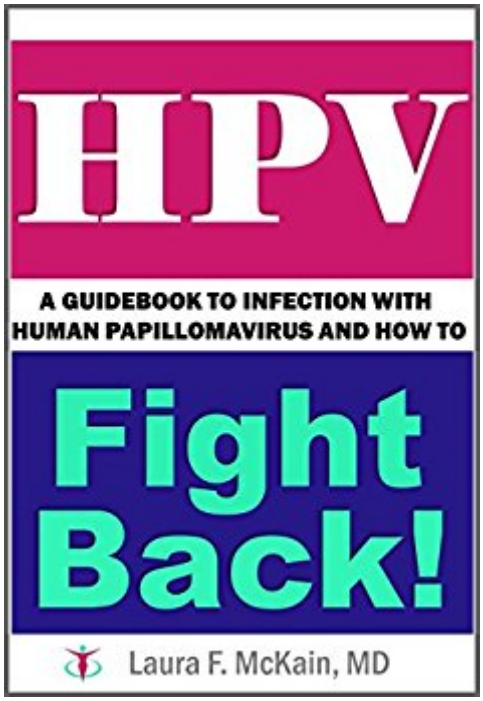
HPV: A Guidebook To Infection With Human Papillomavirus And How To Fight Back!



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Synopsis

What if just going to the doctor isnâ ™t enough?Over 80% of women will get infected by HPV, a sexually transmitted virus that can cause genital warts and cervical cancer. Dr. Laura McKain has helped many women overcome HPV infection in her gynecology practice, going beyond what the medical textbooks cover. In HPV: A Guidebook to Infection with Human Papillomavirus and How to FIGHT BACK, Dr. McKain shares her insights so you can too. In clear, straightforward terms, HPV explains everything you need to know about preventing, diagnosing, and treating HPV and the conditions associated with it. Most importantly, HPV empowers you to take action against HPV, by giving you the kind of prevention and holistic treatment information your doctor just doesnâ ™t have the time to cover. Youâ ™ll learn:The different types of HPV, how theyâ ™re diagnosed, and how to treat them The foods and supplements that may help you clear HPVWhy vaccines and condoms can sometimes help--AFTER youâ ™ve been infectedWhy you need to reduce stress and get some sleep to get well and how to do itHow to approach your sexual partners Three case studies of how actual patients kicked the HPV threat And much, much more!You have the power to control your risk of cervical disease. Grab a copy of HPV today, so you can start toâ |..FIGHT BACK!

Book Information

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Personal Health > Women’s Health

Customer Reviews

This book is the go to resource for those dealing with, curious about or treating patients with HPV. It is educational and provides holistic and medical approaches to treating and moving forward with HPV! The book incorporates real life scenarios which immediately allows for a feeling of peer to peer support.

An informative, easy to read, holistic offering designed for women of all ages. I like the clear explanation of research findings to discuss the "why?" and "how come?" I especially appreciate the "take charge" attitude of behavior change strategies. This book stresses over and over that we are partners in health care and we can be proactive in decreasing our personal risk of disease.

I was an LPN in an OB/GYN office for 12 years and was involved with educating patients about HPV and the various procedures mentioned in the book. I wish this book had been available to me. I have learned a great deal from reading this book, and know I would have used all the information in this book to better educate our patients.I hope this book is published and becomes available to students and patients, so they can be well informed about HPV.

This book educate you on the traditional steps and procedures that traditional medicines do it in no shape or form tells you how to kill the infection or to fight the infection or just stop the infection from invading your body it’s not okay do you hear me it’s not okay people go out there and victimized innocent people and give them this virus and its not ok there has to be alternative medicine alternative alternative treatments than this crap of a book

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